



Under 6

The Under 6 division is Co-Ed and aims to help young children develop early soccer skills. With over 24 teams annually, this division is divided into 2 Tiers – Monday/Wednesday and Tuesday/Thursday, with games or practices twice each week at St. Julien Park micro-mini fields. The season starts early May and ends on Tournament day in early August. Each child receives a jersey, shorts, socks, ball, photo and trophy.

Game nights

Monday/Wednesday

Or

Tuesday/Thursday

Under 6 - East London Soccer Club Rules

The field of play

The field will be divided into two halves by a halfway line. The centre mark should indicate the midpoint of the halfway line. A mini-net will be supplied to each coach. They are responsible to bring it to each game and set it up at the midpoint along the goal line.

The Ball - The ball will be a size three (3).

Number of Ages of Players

The league is open to boys and girls turning age 5 and 6. Each team will be a mixture of ages and balanced as much as possible with proportional numbers of boys to girls. The maximum number of players on the field at one time per team is five (5). The maximum number of players per team is ten (10). A team must have at least four (4) players in order to play a game. There are no goalkeepers.

Substitution Procedure

Player substitution will be made every eight (8) minutes with all players standing on sidelines changing with equal number of players on the field.

No child will sit off two consecutive substitutions.

Each player should not exceed more than one shift over any other player in any one game (e.g., Coaches should strive to see that all players receive equal shifts in each game. Player 'A' cannot have any more than three (3) shifts if Player 'B' only has two (2).

The Referee

The Referee will explain any game infractions to the offending player without holding up the game.

The Duration of the Match

The game is divided into four (4) equal, eight (8) minute quarters. There shall be a two (2) minute break between quarters and a five (5) minute break between halves.



Restart of Play

Corner Kick - The corner kick will be taken from the corner and all opponents must be five (5) metres from the ball until it is in play.

Free Kicks

All free kicks are direct (meaning the kicker can score). For any one of the following offences, a free kick will be awarded. All free kicks take place where the infringement occurred. If the infringement occurs within five (5) metres of the goal, the ball will be placed five (5) metres from the goal.

- | | | |
|-------------|-------------|-------------------|
| A. Handball | C. Kickball | E. Holding |
| B. Pushing | D. Tripping | F. Slide Tackling |

At any free kick, the opposing team must move away to a distance of at least five (5) metres.

Offside - The offside rule will **NOT** be enforced

Penalty Kick - In regular season play, the penalty kick will not be used.

Spectators

NO PERSON IS ALLOWED TO STAND BEHIND THE GOAL LINE. FANS MUST STAY ON THE SIDELINES – SPECTATORS ON ONE SIDE AND PLAYERS AND COACHES ON THE OTHER. **THIS RULE IS STRICTLY ENFORCED..**

Coaches

During the course of a game, ONE coach from each team will be allowed on the field. This is to allow the coach to instruct the team while the game is in progress. The coach is expected to remain clear of the goal area, refrain from interfering with the flow and to keep an arms-length from the ball.

End of the Game - Players and coaches line up at centre field and shake hands.

Items Not Allowed

- **Jewelry** - The League has a ZERO tolerance for jewelry. Using tape to cover up jewelry is not allowed. Barrettes and bobby pins are also prohibited. Medical alert bracelets are allowed but they must be fully taped to the satisfaction of the referee. Hair band/sweat bands must stay in place on the head, not around the neck or over the eyes. Referees are also prohibited from wearing jewelry except for a watch or similar device for timing the match.
- **Only prescription glasses** - (including prescription sunglasses) may be worn by any player on the field.
- **Casts** - Hard casts of any type are considered dangerous and are no longer permitted. Any braces or soft cast material containing metal are not permitted. **Hard casts cannot be wrapped to make them safe.** The referee has sole discretion over what equipment is deemed safe, appropriate and allowable including the uniform of the players and all soft casts.

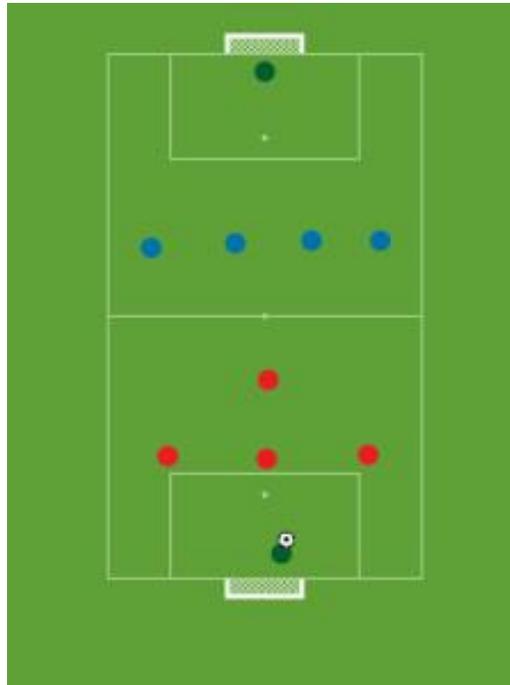


Under 6 - Retreat Line

What is the Retreat Line?

To allow our young players to learn and gain confidence in how to play the ball out from the back and build an attack, as opposed a player kicking it aimlessly up the field, the concept of the retreat line has been introduced in mini soccer. To see young players kick the ball up the field in the “hope” that one of his or her teammates gets the ball is not effective in producing skilled, confident players who love to play.

What happens is as follows: when a team has the ball at a goal kick, the opposing team members would “retreat” to a predetermined area of the field. Once all the opposing players have retreated to the line the player can successfully pass the ball to one of his/her teammates. Once the teammate has received the ball the opposing players can then start to apply pressure to the player with the ball. This gives the player on the ball the time and space required to have a look, receive the ball and choose to dribble or pass to a teammate without being marked or under immediate pressure.



Retreat line example - 5v5. In the diagram above you can see a retreat line at 1/2 way. The blue team has retreated allowing red to pass the ball from the Goal Kick to a red teammate and build an attack.